

Instructions for Authors

Text Formatting

Manuscripts should be submitted in Word. Use a normal, plain font (e.g., 12 point Times Roman) for text. Use italics for emphasis. Use the automatic page numbering function to number the pages. Do not use field functions. Use tab stops or other commands for indents, not the space bar. Use the table function, not spreadsheets, to make tables. Use the equation editor or Math Type for equations. Save your file in docx format (Word 2007 or higher) or doc format (older Word versions).

Title Page

The title page should include the names of the authors, concise and informative title, the affiliations and addresses of the authors, the email address, telephone and fax numbers of the corresponding author.

Abstract

Please provide an abstract of 100 to 250 words excluding any undefined abbreviations or unspecified references.

Keywords

Please provide 4 to 6 keywords which can be used for indexing purposes.

Introduction

In this section, the authors should provide the background information to clear about the purpose of the study, describing the main objectives of the study. All the relevant abbreviations should be defined and mentioned first and thereafter used consistently throughout the manuscript.

Materials and methods

All the information necessary to explain the experimental work should be given in this section. Whenever citing a modification of published methodology, please provide supporting references of the original source. Statistical analysis of the data wherever applicable is required, using appropriate methods must be cited.

Results

Results should be presented by referring to tables and figures described in the study carried out, excluding the discussion part.

Discussion

This section includes a summary of the major findings, a discussion of the validity of the observations, how the findings relate to other published works dealing with the subject and significance of the work.

Conclusion

The manuscript should have relevant brief conclusion reflecting the importance and future scope of the study.

Conflict of Interest

The prepared manuscript should have the declaration of conflict of interest including the following paragraph-

There are no conflict of interest.

Acknowledgments

Acknowledgments of people, grants or funds should be placed properly and the names of funding organizations should be written in full.

References

Citation

Cite references in the text by name and year in parentheses such as (Thompson 1990); Becker and Seligman (1996); (Abbott 1991; Barakat et al. 1995; Kelso and Smith 1998; Medvec et al. 1999). Cite references in the text by name and year in parentheses.

All references cited in the text should be listed in the References section in alphabetical order according to the surname of the first author. For two-author papers with the same first author, the order is alphabetical by the second author's name. For three-or-more-author papers with the same first author, the order is chronological. The References section should be double spaced like the rest of the manuscript. The following examples illustrate the format to be used for different types of references:

Journal article

Gamelin FX, Baquet G, Berthoin S, Thevenet D, Nourry C, Nottin S, Bosquet L (2009) Effect of high intensity intermittent training on heart rate variability in prepubescent children. *Eur J Appl Physiol* 105:731-738. doi: 10.1007/s00421-008-0955-8

Ideally, the names of all authors should be provided, but the usage of "et al" in long author lists will also be accepted:

Smith J, Jones M Jr, Houghton L et al (1999) Future of health insurance. *N Engl J Med* 965:325–329

Article by DOI

Slifka MK, Whitton JL (2000) Clinical implications of dysregulated cytokine production. *J Mol Med*. doi:10.1007/s001090000086

Book

South J, Blass B (2001) The future of modern genomics. Blackwell, London

Book chapter

Brown B, Aaron M (2001) The politics of nature. In: Smith J (ed) The rise of modern genomics, 3rd edn. Wiley, New York, pp 230-257

Online document

Cartwright J (2007) Big stars have weather too. IOP Publishing PhysicsWeb. <http://physicsweb.org/articles/news/11/6/16/1>. Accessed 26 June 2007

Dissertation

Trent JW (1975) Experimental acute renal failure. Dissertation, University of California.

Tables

All tables are to be numbered using Arabic numerals and cited in the text in consecutive numerical order. For each table, please provide a table caption or title explaining the details of the table.

Figure

The acceptable format for figures is PPT, TIFF or MS Office files. Name your figure files with "Fig" and the figure number, e.g., Fig1.

Permissions

If you include figures that have already been published elsewhere, you must obtain permission from the copyright owner(s) for both the print and online format. Please be aware that some publishers do not grant electronic rights for free and that journal will not be able to refund any costs that may have occurred to receive these permissions. In such cases, material from other sources should be used.

Ethical Issues

The authors who are including the usage of experimental animals and human subjects in their research article should seek approval from the appropriate Ethical committee in accordance with "Principles of Laboratory Animal Care". For this, the Materials and Method section of the manuscript should include a statement to prove that the investigation was approved and consented by the relevant authority.

Publication Charges

As this is an open access journal and if the manuscript is accepted for publication, the authors has to pay Rs. 1500/- or US dollar \$ 50 per article towards processing, publishing and e-prints and this may be intimated within one week from the date of manuscript submission. The modes of fee payment will also be intimated in the acceptance email letter.

Galley Proofs

The galley proofs will be sent to the corresponding author and it is the responsibility of the corresponding author to ensure that the galley proof are to be returned without delay with corrections if found any. It is hereby, informed that the authors are solely responsible for their published manuscript contents.

JBSM